Accessible Daily Living
We are accessibility consultants and contractors that specialize in accessibility solutions, improving quality of life, while creating accessible inclusive environments. We bring an innovative approach to the residential, commercial, retail, facilities and public spaces, acting as liaison for funding agencies, healthcare service providers, personal injury lawyers, and end user; the client. Our goal is to meet and exceed your expectations by offering outstanding customer service, value, flexibility, and peace of mind.

ADL is involved in every stage of the process, from initial referral, assessment, estimation, project management, and implementation.

Our associates are distinguished by their functional and technical expertise, combined with their hands on experience, ensuring that the most effective and professional service is achieved.

Unlike others, we possess the knowledge of the ‘why’ and the ‘how’. Our associates understand the complete process required to initiate and finalize each and every project. With over 25 years of experience directly related to construction, design, restoration, project management, rehabilitation, catastrophic loss, case management, insurance claims, personal injury, training and consulting.

ADL is able to provide you the safety and security you deserve.
How

Educate
Understanding our services and products will help you recognize your needs. This will allow you to act rather than react.

Advocate
Our goal is to provide support and awareness and create an inclusive society for all. Accessible Daily Living is an active member of the community with affiliations to groups and not-for-profit organizations improving and growing the representation for individuals with visible and non-visible disabilities.

Develop
It is important through planning and development that we satisfy present needs without forsaking or compromising those for the future. We work closely with community partners, healthcare practitioners, and local governments to establish a benchmark for inclusive design.

Implement
It is our belief in you, having faith in our processes, that we are able to see the end result. We will return that call today, rather than tomorrow, we will always have your best interest in mind and in the end we will thank you for the opportunity and privilege of making a difference in your life.
AODA - Accessibility for Ontarians with Disabilities Act, 2005

One in seven people in Ontario have a disability. Over the next 20 years that number will rise as the population ages. Creating a province where every person who lives or visits, can participate fully, makes good sense - for people, for businesses, and for our communities. Ontario’s businesses, organizations and communities, are working to become more accessible and closer to people with disabilities.

Accessibility is the law in Ontario

The accessibility standards for the built environment focus on removing barriers into areas:

1) Public Spaces  2) Buildings

Enhancements to accessibility in buildings will happen at a later date through Ontario’s Building Code, which governs new construction and renovations in buildings. We are fully certified with all standards related to the disability act.
Project Management

The first step, and perhaps the most intimidating step in managing a successful project is to accurately define the scope and cost.

Our team is committed to supporting you throughout the entire process. It is our responsibility and promise to provide all the information necessary to satisfy your needs and provide peace of mind.

We will:
1. Understand the needs of your project.
2. Substantiate and justify your project.
3. Outline what your project will accomplish.
4. Accurately determine time line(s) of your project.
5. Establish the budget and required resources for your project.
6. Provide a transparent and easy to understand cost analysis of your project (estimate/budget).
7. Reach Consensus and agreement on the scope of your project.

Construction

Considered the “foundation”, our construction services represent the culmination of our multi-faceted company.

Our team of accessibility consultants, project managers, site supervisors, architects, engineers and professional trades deliver and fulfill our vision of inclusive design.

All of our professional trades and sub-contractors carry WSIB and general liability insurance. Accessible Daily Living is proud to carry professional liability along with WSIB and general liability insurance.

Our ability to handle residential, retail, institutional (schools, hospitals) and commercial projects has qualified Accessible Daily Living as a leader in accessibility and inclusive design as it relates to the built environment.
Inclusive Design considers the full range of human diversity with respect to ability, language, culture, gender, age and other forms of human difference. Our focus is ensuring the accessibility of any infrastructure, new or pre-existing, home or workplace. Our services help you, your family member, friend and/or client live an accessible and inclusive life.

The single most critical stage in the creation of a new home is the design. Whether modified, custom, or ‘cookie cutter’, the design is the foundation for achieving functional, beautiful design.

The construction of any new dwelling must comply with the planning requirements of local area bylaws, but most importantly, the design must also conform to the needs and wants of the client.

Our clients, in some cases, have already sourced their own detailed architectural drawings; if that is the case, ADL will work with the existing designs and provide you your custom home.

Alternatively, we can take you through the whole design process; interpret your initial thoughts for the design; provide you with professional insight, and direction, in order for your custom home to become a reality.

ADL works with the end users or the assisting support staff such as Occupational Therapists, Personal Injury Lawyers, Social Workers, Adjusters, Case Managers and various other health care practitioners who are looking to stay informed and/or working to ensure a life of accessibility.
Lifting Solutions

**Ceiling lifts** provide mobility for those who find it difficult to safely move themselves or others. The tracks of the ceiling lift can be curved or straight, and can also run from room to room. They are ideal when floor space is limited. The most common places for ceilings are the bathroom and bedrooms. The transfer to and from the toilet and bathtub is made much easier with a ceiling lift.

The transfer from the bed to wheelchair or scooter is also made easier with the **ceiling lift**.

**Stair Glide** or a **Stair Lift** is the way to transport a person from floor to floor while seated. Stair glides are usually attached to one side of the stairs and run electrically on a track. Stair glides are available for indoor and outdoor use. Stair glides are available for straight, 90 degree and custom curved staircases. They can be implemented for indoor and outdoor use.

A **Vertical Platform Lift**, commonly called a “Porch Lift”, is the solution for the difficulty, or inability to use the stairs. Typically installed alongside the porch, this unit will raise, or lower you, on and off your porch or deck. A Vertical Platform Lift may also be installed inside the home or work place, for easy transitions from one floor to the next.
Bathroom Modifications

Bathrooms are the most used and potentially the most important room in a home or building. There are many hazards and/or obstacles that can be eliminated to create a safe, accessible and inclusive design.

**Typical bathroom modifications consist of:**

- **No Thresholds** - converting a conventional bathtub to a walk-in, or roll-in shower enabling a room with no thresholds, sliding doors or barriers; allowing seamless transition in and out. Those who require a wheelchair can simply roll into the shower without struggling to open a shower door. The implementation of an accessible shower will make any bathroom appear larger, and look and feel less cramped and confined.

- **“Roll-under” sink or Wall-mounted bathroom sink** usually has a bigger counter, but works just the same way as the wall mounted version. Individuals using a wheelchair for mobility needs may encounter difficulty when reaching a standard sink. An ideal solution is to install a wall mounted sink, floating vanity or a roll-under sink which not only saves space, but are ideal for people with restricted movement. All exposed pipes should always be covered or insulated to prevent leg burns.

- **Grab bars** help individuals stabilize themselves, when sitting, or getting up from the toilet. It is the simplest and most useful tool that can be used by all ages.

- **Standard toilets** are too low, a “comfort height” or “right height toilet” may be an option. This reduces the distance from the standing to sitting position.

The benefits of an accessible bathroom are; the ability to regain a level of independence, while performing personal hygiene tasks; this is priceless for anyone with or without visible and non-visible disabilities.
The kitchen is the main hub of action and activity in a home or office space. Limitations such as counter height and appliances which prove to be difficult to reach from a seated position prevent access to a daily necessity to prep food, cook, clean and even eat in some cases.

A simple redesign of a kitchen layout with roll-under shallow sinks, adjustable, or set counter heights, and accessible sink faucets such as; lever style handles, enables a greater ability to perform activities of daily living and achieve greater independence.
Ramps

Ramps offer the ease of movement anywhere they are used. A ramp can be permanent, semi-permanent or portable. Thinking ahead is an asset when building a new home or even looking at an existing structure. If ramps are considered they can ensure that the transition of people coming in and out of that building is seamless in our ageing population.

Some useful facts about Ramps:

- Permanent ramps are typically built with steel or wood.
- Semi-permanent ramps rest on top of the ground or cement pad, and are commonly used for short-term purposes. These types are more so built using steel or wood.
- Portable ramps are usually aluminium, and typically fold for ease of transport.

(Ramps must be carefully designed in order to be useful. Many jurisdictions have established minimum widths and maximum slopes).

Walkways

We work closely with homeowners, business owners and municipalities to identify the use of the walkway as well as and various constraints posed by space limitations, roadway design practices, slope as well as terrain.

We provide accessible solutions to sidewalks, walkways, driveways, including crosswalks, curb ramps, street furnishings, pedestrian signals, parking and other components of public rights-of-way.
Automatic Door Operators

Automatic door operators are used to assist with opening of doors for people with disabilities, the elderly, mothers with strollers and the delivery person with parcels who is not able to open a door manually. Really making entrances and openings accessible to all.

Automatic door operators respond to the growing need for accessible and inclusive environments (commercial, retail, residential and public spaces); with a variety of designs, which are suitable for every particular type of door or opening.

Safe, Quiet Operation, Easy Installation and Reliable
Smart home technology is used to make life easier. For example, it can be as simple as remote or automatic control of your lights. For others, security may be the central application. Others may decide to install advanced controls or use voice recognition. Smart Home is defined as anything that gives you remote or automatic control of things around the home.

Adding home automation, to an existing home, is surprisingly affordable and simple. Our licensed electricians are experienced, and knowledgeable with the application of Smart Home technology creating a network of useful daily actions at your finger tips.
Facility Audits

Accessible Facility Audits are comprehensive assessments used to determine the accessibility needs of a building, public space or facility. We review all aspects of the area and report on the interior and exterior elements.

Our multidisciplinary team specializes in AODA Consulting/Accessible and Inclusive Design for property managers; businesses, institutions and organizations, providing industry-leading consultation, assessments and reporting that accurately determine the limiting factors to accessibility, while providing suggestions that are cost effective solutions to any space. We have developed assessment tools that are industry-leading to determine accessibility needs.

ADL is committed to providing barrier free, universal design solutions and adhering to building code requirements.

ADL’s standard Facility/Building audits include the following:

1. Assessment, review and reporting of the buildings’ interior and exterior environments.
2. Digital imaging to document existing state of building and to identify accessibility issues.
3. A comprehensive report outlining accessibility needs and recommendations for an accessible, inclusive design.
5. List of valued accessibility vendors that support the overall recommendations for an accessible, inclusive design.
ADL provides consultation services to support all accessibility and inclusive design needs. ADL is in constant connection with funding agencies, product providers, architects and engineers, in order to provide a truly custom experience. Our clientele range from home owners, Lawyers (personal injury), Occupational Therapists, Physiotherapists, Case Managers, Social Workers, Hospitals, Rehabilitation and Long Term Care facilities, Insurance Brokers, Home and Automobile Insurers, Federal, Provincial and Municipal governments and their respective agencies such as the Canadian Armed Forces and Veteran Affairs.

ADL provides accessibility audits, insurance related assessments (SABS, WSIB) and medical/legal opinion reports.

ADL’s standard audits include the following:

1. Assessment, review and reporting of interior and exterior environments.
2. Digital imaging to document existing state of home or building, to identify accessibility issues.
3. A comprehensive report outlining accessibility needs and recommendations for an accessible, inclusive design.
5. List of valued accessibility vendors that support the overall recommendations for an accessible, inclusive design.

We can assist in ensuring compliance is achieved and maintained with every AODA Standard on time and on budget.
Our Services

Residential & Commercial design and build
Additions
Retrofits & Complete Builds
Bathroom modification
Ceiling lifts
Door widening
Elevator / Telecab
(residential/commercial applications)
Automatic door operators
Exterior walkway, sidewalk & driveways
Grab bars
Handrail
Safety gates
Kitchen modifications
Vertical platform lifts/Porch lifts
(residential/commercial applications)
Smart home technology
Stair glides, stair lifts
Threshold
Wheelchair/mobility ramps

Professional Services

Accessible / Inclusive Design
Accessible / Universal Design & Re-build
Facility Audits
Consultation (AODA)
Estimation
Home Accessibility & Alternative Living
Assessments & Reports
Architects & Engineers
Home Inspection
Project Management
Education
Accessible & Inclusive Design
Re-building Independence

Helping You To Live